

# Lindsay Luc

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Lindsay Luc knows from experience how to put this motto into action. As a volunteer for the Canadian Red Cross, Quebec Division, Luc has spent many hours over the last eight years providing service to others. “I became a Red Cross volunteer right after the 2010 earthquake in Haiti,” she says. “I was watching the news with family and felt powerless. I thought this is not the time to cry; this is the time to act. So I decided to do something.” She joined the Red Cross volunteer team.

Over time, the Quebec Division invited Luc to join its permanent volunteer emergency management team, whose primary goal is to support disaster victims with family reunification, emergency lodging, reception information, emergency food, emergency clothing and personal services. “I truly believe in the power of one,” says Luc. “I believe that one person can make a difference.”

Luc knows that if we want communities to be mindful of women and their needs, women must be actively involved in the community. She comments: “If everybody tries to make a difference, we will succeed as a community, as a country, but most importantly as a human race. I believe the best ideas come when people with different backgrounds, schooling and interest come together to find solutions.”