

Rachel Desjourdy



Rachel Desjourdy continues this Relief Society tradition today in her work as a McGill University Access Services advisor. She looks at individual students' needs and discusses how to meet them. She works to support university students to have a successful university experience even though they may have a disability, chronic illness or mental health issue.

"I get to think about how our society includes and excludes people based on their bodies and their minds," she says. She recently did consultancy work for the Jewish community in Montreal, where she helped a synagogue reconsider its practices and become more inclusive of people of all abilities.

When asked how she is contributing to her community, Desjourdy emphatically states: "I want to always contribute to society. When I look at the world, I see that everyone has a talent or something they can bring that can make other people's lives richer. The work that I do opens people's minds to be willing to welcome people who do things differently and to create space where all people are welcome."